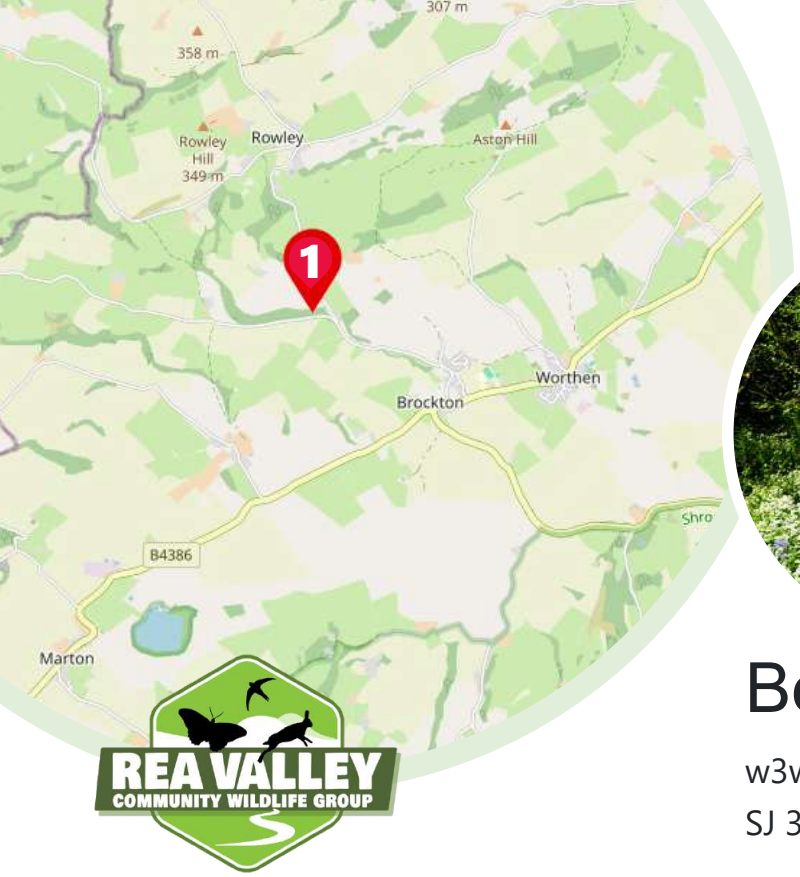




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Beechfield Dingle

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Beechfield Dingle, located above Hampton Beech near the village of Brockton, is a hidden gem for wildlife enthusiasts. This gorge-like valley, carved by Brockton Brook, provides an ideal environment for wildlife.

A walk upstream through Beechfield Dingle offers opportunities to observe various species of birds, insects, and small mammals. The sheltered terrain and dense vegetation create perfect nesting sites and foraging grounds. The area is especially vibrant in spring, when bluebells, wild garlic and wood anemone bloom. A few rarer plant species that can be found here include alternative-leaved-golden-saxifrage along the stream edge, as well as toothwort, early purple orchid and herb paris.

One of the Rea Valley's gems, Beechfield Dingle is a scenic woodland to explore, with historical Iron Age settlement remains on the spur above the stream. Be prepared for muddy, slippery paths on the downhill slopes, especially after rain.

Location:
Brockton

Size:
5 acres

Parking:
In Brockton

Accessibility: ☆☆☆
Uneven woodland tracks

Likely to see:
Buzzards, dragonflies, woodland plants



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