



Eastridge Woods

Nature Reserve

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SJ 39168 02730 | 52.618911, -2.8999776

Eastridge Woods, within the Stiperstones National Nature Reserve, is perched on a hill with panoramic views, and is teeming with birdlife, including flocks of siskin, marsh tits and treecreepers in the woodland, and ravens. The woods are also home for mammals such as deer and bats. The area's diverse habitats support a variety of fungi and mosses. The pools are teeming with dragonflies in the summer, making it an ideal spot for nature observation.

The lush foliage tends to grow along the path edges and along the water courses in the summer, attracting all the insects. In general, the flora beneath the dense coniferous canopy is poor, it tends to be very mossy, but wood sorrel is common. In the areas of broadleaved woodland there are patches of wild garlic and other ancient woodland indicators also grow such as yellow archangel and wood speedwell. The woodland is a real mix of conifer plantation and broadleaved regeneration.

Varied landscapes and wildlife make Eastridge Woods a great walk location for anyone wishing to experience the rich biodiversity of the Rea Valley.

Location:
near Habberley

Size:
430 acres

Parking:
space for 10 cars

Accessibility: ☆☆☆
quite hilly in parts, some flat tracks

Likely to see:
Butterflies

